

When one partner regularly works away from home, extra challenges can arise for everyone in the family unit.

Mrs. Groom and Mrs. Taylor would like to host a workshop in conjunction with Relationships Australia to discuss the challenges: loneliness, resentment, mistrust, isolation, communication, etc. and explore strategies to try overcome them in a warm and welcoming environment.

**If you are interested in the morning workshop on 25th March 9.00am please email or telephone the office to register your interest.**

**This will only go ahead if there is enough people interested.**

**Are you a  
Fly In Fly Out  
or Defense  
Family?**



Help with everyday problems